



Dry Aged Grass Fed Beef

Filet Mignon	\$ 48 lb.
Whole Beef Tenderloin	\$ 46 lb.
Rib Eye Steak	\$ 38 lb.
New York Strip Steak	\$ 32 lb.
Tri Tip Steak	\$ 18 lb.
Sirloin Steak	\$ 22 lb.
Flank Steak	\$ 24 lb.
Skirt Steak	\$ 18 lb.
Flat Iron Steak	\$ 18 lb.
Eye of Round Roast	\$ 10 lb.
Brisket	\$ 10 lb.
Sirloin Tip Roast	\$ 12 lb.
Chuck Roast	\$ 10 lb.
Short Ribs	2" thick or flanken style \$ 7 lb
Cube Steak	\$ 10 lb.
Stew Beef	\$ 10 lb.
Ground Beef	\$ 8 lb.
Beef Shanks	\$ 7 lb.
Oxtail	\$ 12 lb
Uncured Beef Hotdogs	\$ 10 pk.
Beef Liver	\$ 7 lb.
Beef Tongue	\$ 8 lb.
Beef Kidney Fat	\$ 5 lb.
Bones: Knuckles	\$ 6 lb.,
Femurs	\$ 8 lb.
Beef Heart	\$ 6 lb.

Beef Snack Sticks \$ 2.50 ea.

NEW Vital Blend Ground Beef \$ 9.75 lb.
with Liver and Heart

~~sold out Pasture Raised Chicken~~

Free Range Heritage Pork

Pork Chops	1" or 1/2" thick, bone-in or boneless \$ 9 lb.
Boneless Pork Loin Roast	\$ 9 lb.
Pork Tenderloin	\$ 14 lb.
Baby Back Ribs	full rack or camper cut \$ 10 lb.
Spareribs	\$ 6 lb.
Country Style Ribs	boneless \$ 8 lb.
Boston Butt	half butt or whole butt \$ 7 lb.
Ground Pork	\$ 6 lb.
Bacon Hickory Smoked	\$ 9 lb.
Fresh Side/Pork Belly	sliced or slab \$ 9 lb.
Ground Sausage	mild, hot or Italian \$ 6 lb.
Ground Chorizo Sausage	12 oz. \$ 10 ea.
Link Sausage	Hickory Smoked \$ 8 lb.
Pork Links	Bratwurst, Mild Italian \$ 10 pk.
Neck Bones	\$ 4 lb.
Pigs Feet	\$ 4 lb.
Leaf Fat	\$ 5 lb.
NEW wafer thin Hickory Smoked Bnls Pork Chops	\$ 9 lb.

Raw Cow Milk for Pets \$10 / gallon

Handmade Pasta Sauce, Jams, Pickles, BBQ Sauces

Handmade Ice Cream \$4.50 for a half pint

Happy Cow Creamery Butter 1 lb. block \$8, 2lb. roll \$16

Sweetwater Valley Dairy Handmade Cheese

Pastured Chicken Eggs \$8 dz. non GMO, no corn, no soy

Soft Goat & Creamy Cow Cheeses Three Graces Dairy

Grits, Cornmeal, Polenta Locally Grown & Stoneground

NEW Pasture Raised Katahdin Lamb

No Hormones, No Antibiotics, No Steroids, No Pesticides, No Chemical Fertilizer

Licensed and Inspected by the Georgia Department of Agriculture / Meat USDA Inspected and Labeled / Prices and Availability of All Products Subject to Change



Store Hours **10 to 6** Every Day, except closed Easter Sunday, Thanksgiving Day, Christmas Eve & Christmas Day

706 889-1426

grassfedgeorgia.com

Instagram: @mountainvalley.farm



GRASSFED KATAHDIN LAMB

LOIN CHOPS	\$ 38 LB.
RIB CHOPS	\$ 36 LB.
SHOULDER CHOPS	\$ 24 LB.
LEG, BONE IN	\$ 18 LB.
GROUND	\$ 18 LB.
SHANKS	\$ 12 LB.
BONES	\$ 8 LB.
RIBLETS	\$ 10 LB.
LIVER	\$ 16 LB.
HEART	\$ 16 LB.
KIDNEY	\$ 16 LB.

BORN AND RAISED HERE ON OUR FARM, OUR LAMBS GRAZE FULL TIME ON GRASS IN ADDITION TO FREE CHOICE HAY AND ESSENTIAL MINERALS.

A HANDFUL OF GRAIN EACH DAY KEEPS THEM COMING UP TO THE BARN WHEN WE CALL.

USDA INSPECTED AND LABELED

NO HORMONES NO ANTIBIOTICS NO STEROIDS NO PESTICIDES NO CHEMICAL FERTILIZER

PRICES AND AVAILABILITY OF ALL PRODUCTS SUBJECT TO CHANGE

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8/1/23